

Secondary phase: student work available on the VLE / EduLink

Subject	Year 7	Year 8	Year 9	Year 10	Year 11
English	Spelling challenge. Writing challenges.	Spelling challenge. Writing challenges.	Macbeth context booklet.	Macbeth context booklet. English Language practise papers.	Revision materials.
Maths <i>Note: Work will be uploaded regularly and communicated through EduLink.</i>	Function Machines. MyMaths tasks. Video lessons on Geometric reasoning and angle notation. Worksheets and PowerPoints on Geometric reasoning and angle notation.	Solving equations PowerPoint and worksheets. Writing algebra PowerPoint and worksheet. Unit 4 revision sheet. Ratio PowerPoint.	Unit 4 revision sheet. Algebraic fractions PowerPoint. Sets PowerPoint. Simultaneous equations worksheet. Unit 5 changing the subject charts and averages. Scatter diagrams PowerPoint.	Proportion PowerPoint and worksheet. Quadratic sequences PowerPoint and worksheet. Data collection PowerPoint and worksheet.	GCSE practice papers with mark schemes. Circle theorems revision material. Functions revision. Probability revision.
Science	Revision guides.	Revision guides.	Revision guides.	Revision guides.	Revision guides.
Art	T1. Artist research page: Amira Gale. T2. Artists' response: copy the picture by Amira Gale. T3. Create a creative piece of work based on shells in any media of your choice. T4. Complete the 25 day drawing challenge.	T1. Artist research page: Andy Warhol. T2. Artists response: Copy his soup can. T3. Your response: draw a tin of soup/baked beans etc. using pencil and adding colour if possible. T4. Complete the 25 day drawing challenge.	T1. Draw your favourite celebrity using the Grid Method. T2. Drawing facial features - useful YouTube tutorials using different media. T3. Produce an artist research page on your favourite artist, include a drawn copy of their work you have done.	T1. Complete any outstanding work. T2. 4 x primary source drawings using different media / annotate using the guide. T3. Artist research of your choice - complete all parts. T4. 4 x thumbnails for ideas for a final piece	T1. Complete any outstanding work then T2. 4 x thumbnails - choose the best one and complete A3 in your chosen media / annotate using the guide. T3. Change the idea 3 times using different media and/or different compositions. Annotate using the guide.

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			T4. Complete your Sock Creature.	based on work completed so far.	
Business Studies	N/A	N/A	N/A	All work on SENECA	N/A
Computer Science	SENECA emergency work, Esafety module.	SENECA emergency work, Esafety module.	SENECA emergency work, Esafety module.	SENECA emergency work, Esafety module. All programming tasks. Algorithm tasks.	SENECA emergency work, past papers.
Creative iMedia	N/A	N/A	N/A	All work on the VLE.	N/A
Design Technology	Shop project.	Shop project.	Shop project.	Presentation of composite materials and technical textiles.	Revision.
Drama	To follow	To follow	To follow	N/A	N/A
Food Technology	Farm-to-Fork two week project.	Farm-to-Fork two week project.	Impact of coronavirus on food supply.	Food science. Food safety.	Revision.
French	VLE vocab resource.	Rooms in the house, places in town. <i>Next week: food / carnival / parties.</i>	Film project.	Describing town . <i>Next week: discussing what to see and do. Future tense.</i>	SENECA revision.
Geography	General location knowledge and tectonics.	Coasts.	Development.	Rivers.	Revision.
German	VLE vocab resource.	Sports / activities / keep fit. <i>Next week: preparing for the learning checkpoint.</i>	Film project.	N/A	VLE and SENECA revision.

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History <i>Note: KS3 teachers have set work on EduLink with some supporting materials on the VLE. Teachers have set work for their classes depending upon where their students are on the specification.</i>	Medieval life.	Industrial Revolution / British Empire.	Protest: Suffragist, Russian Revolution, Ghandi and Black Civil Rights Movement / WWII	Reign of Elizabeth.	Crime and Punishment.
Music	<p>A selection of tasks about the 'Elements of Music' and graphic scores.</p> <p>Some tasks about note names and keyboard skills</p> <p>A selection of fun apps and websites to learn about music</p> <p>A 'practice diary' for those who enjoy playing instruments at home.</p>	<p>A 'Listening Log' to explore unfamiliar music and understand combinations of different instruments and historical/cultural contexts.</p> <p>A 'practice diary' for those who enjoy playing instruments at home.</p> <p>A selection of tasks to embed the work that we have started on Baroque Music.</p>	<p>Some work to embed the work that we have begun on Film Music and James Bond.</p> <p>A selection of apps and websites to help make fun practical music.</p> <p>A 'practice diary' for those who enjoy to practice at home.</p> <p>A 'Listening Log' to show me what music has been on your headphones and an opportunity for me to recommend related music.</p>	<p>Music theory!</p> <p>A selection of Music theory practice papers (grade 1-5) for you to complete and email to me for checking.</p> <p>Focus on Sound: A series of tasks to explore the sound of different instruments as well as music keywords and concepts.</p> <p>A brilliant booklet to help you with compositions (which you can continue to work on from home).</p> <p>An amazing website to help inspire your compositions, write brilliant melodies, and develop your ideas -</p>	<p>Focus on Sound:</p> <p>Fill in any gaps that you may have in Year 11.</p>

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				with lots of examples across many genres.	
Performing Arts	N/A	N/A	N/A	GCSE Bitesize. Edexcel Pearson past papers.	GCSE Bitesize. Edexcel Pearson past papers.
Active PE	Daily / weekly PE resources and tasks. Students can choose from a range of activities to stay active on their own or with family members to suit their interests, ability and the space and equipment they have available.	Daily / weekly PE resources and tasks. Students can choose from a range of activities to stay active on their own or with family members to suit their interests, ability and the space and equipment they have available.	Daily / weekly PE resources and tasks. Students can choose from a range of activities to stay active on their own or with family members to suit their interests, ability and the space and equipment they have available.	Daily / weekly PE resources and tasks. Students can choose from a range of activities to stay active on their own or with family members to suit their interests, ability and the space and equipment they have available. Everlearner online tests.	Daily / weekly PE resources and tasks. Students can choose from a range of activities to stay active on their own or with family members to suit their interests, ability and the space and equipment they have available. Revision. Everlearner online tests.
Religion and Philosophy	The Life and teachings of Jesus.	Where do right and wrong come from?	Racism. Equiano and Gandhi.	The family. Christian beliefs.	The family. Christian beliefs.
Spanish	VLE vocab resource	Revising the times, places in town, Asking to go out <i>Next week: making excuses</i>	Film project	Different types of entertainment <i>Next week: what's trending/ describing role models. Present perfect</i>	SENECA revision

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PE and Sport Courses	N/A	N/A	GCSE and BTEC preparation activities to ensure that students are engaged and ready for their chosen courses in Key Stage 4.	GCSE resources and tasks that will ensure that students can continue their course and be fully prepared for the resumption of school.	GCSE resources and tasks that will ensure that students can continue their course and be fully prepared for the resumption of school and the next step in their education. Students looking to move into further education to study a PE course at Gildredge House Sixth Form will be supplied with preparation activities to ensure that they are ready to join their chosen courses in the new academic year.

Message from the Head of Sport, Miss C Taylor, for all parents:

Help your kids build healthy habits for the future by being physically active together. Find fun family fitness ideas to enjoy and stay healthy.

If we didn't know it before, we know it now: being physically active and focusing on fitness is an important life priority beginning in early childhood onwards to build healthy habits. Not only does regular exercise and physical activity increase physical and cardiovascular health, it can improve sleep, reduce stress, increase attention and learning, and minimize illness. Because the habits and preferences children develop early in life will shape their choices and behaviours for years to come, it is critical to establish good physical activity habits now.

But knowing the importance of exercise and healthy habits and doing something about it are two different things. The average family has more commitments than time to meet them, from homework to sports practice to piano lessons. Your commitments might have changed recently but the importance of being active remains the same.

One way to fit fitness into the schedule is to turn it into a family activity. Not only is daily physical activity a healthy goal for everyone in the family, it provides us with an opportunity to spend time together and offers an excellent model for our children as they see the adults in their family having fun with fitness right alongside them.

Family Fitness Ideas

The resources available on the school VLE are for everyone and here are a few ideas for other family physical activities that everyone can participate in. Some may be easier than others during this time and it is important that everyone adheres to the Governments guidance on social distancing.

Take a Walk. A daily (or a few times a week) walk is a perfect way to reflect on the day and learn about what's going on in each-other's lives. Finding ways to go on nature walks or allotting twenty minutes after dinner for a walk around the neighbourhood will not only help you and your family members re-energize a bit before tackling homework, but it will improve heart health and digestion. [National Trust - In and around East Sussex](#)

Create Healthy Habits and Hobbies. Many of us have a list of things we plan to do when our children get older. But why wait? Dreaming of getting fit again someday; why not make it into a family fitness activity and tackle online sessions together? Want to learn karate or taekwondo; what about a family session? Excited about a salsa dancing or streetdance? Look online, teach the kids a few moves and dance around the living room. With a few modifications, many adult fitness activities can become fun for the whole family.

Keep Physical Activities Simple. Getting more physical activity doesn't always have to be a planned event. Ask everyone in the family to be on the lookout for simple ways to be more active. Walk everywhere that you can. Share the load when carrying the shopping home, give everyone a bag/rucksack. Try parking your car further from the shop, take the stairs. Get creative and involve everyone.

Opt Outside. Depending on the season, there are many fun outdoor activities to enjoy together. From riding bikes to kite flying and from gardening to trampolining, getting outside can be invigorating for everyone and can provide a few moments or all day opportunities for physical activity to boost family fitness.

Try Family Challenges and Competitions. Sometimes a little family competition can be motivating. Ask everyone to set a physical activity goal: maybe learning to skip, jumping rope ten times without missing, seeing who can keep a hula hoop going longest or who does the most reps in a HIIT workout. Keep track of progress on a poster board in a central location.

Get Fit for a Cause. It seems like there is a walk-a-thon or 5K opportunity every weekend; these may not be happening at the moment but look ahead and plan for your future challenge and turn it into a family fitness activity. Involve the whole family in choosing a cause, training

for the future event (or make up your own) and then participating. The rewards will be many as your whole family contributes to a cause you are committed to, as well as participating in an event that will have lasting health benefits.

Minimize Screen Time. Take a look at how often your child is in front of a screen. From video games to computers and television, it all adds up. While not all screen activities are bad, they are, for the most part, sedentary. Set boundaries between kids and screen time by using helping them maintain healthy technology usage. Think about ways to minimize screen time like eliminating screens from your child's bedroom, challenging them to be active over the course of a week and limiting TV on weekend days and offer many alternate active options.

Regardless of what you do, it's important to make family fitness enjoyable. Having fun together as a family is as important as the physical activity itself.