

WEEKLY

# MENU

## Gildredge House School Week Three



### Monday

Beef Lasagne topped with Cheese and Crispy Onions

Butternut Squash, Lentil & Spinach Lasagne (V)

Garlic Bread Slice

Fusilli Pasta with Tomato Basil Sauce

Marbled Sponge

### Tuesday

Sweet and Sour Pork with Pineapple in a Tangy Sauce

Sweet and Sour Quorn pieces with Pineapple in a Tangy Sauce (V)

Braised Rice

Jacket Potato with Baked Beans

Chocolate Orange Brownie

### Wednesday

Beef Cottage Pie with Caramelised Onion Gravy

Spinach, Sweet Pepper and Spinach tart (V)

Thyme Roasted Carrots

Steamed Baby Potatoes

Fusilli Pasta with Tomato Herb Sauce

Orange Jelly

### Thursday

Black Bean Chicken Casserole

Egg Noodle Stir Fry (V)

Braised Rice

Jacket Potato with Cheddar Cheese

Cinnamon & Oat Cookie

### Friday

Catch of the day - Breaded Fish - Gluten free option also Available

Vegetable chilli Bean Tortilla Wrap with Salsa and Cheese (V)

Fried Chips

Steamed Garden Peas

Fusilli Pasta with Pesto Dressing

Fresh Fruit Salad

Available daily

Salad Bar