

KEY REMINDERS

Online Safety



Gildredge House

Online safety means keeping every part of the Gildredge House Community safe. To do this we need to make sure we are SMART and follow the following basic rules...

S afe	Do not give out your password to anyone. When you are online do not give information about yourself.	
M eet	Never meet anyone online without telling your parents.	
A ccept	be careful when opening emails, messages or files They could have nasty messages or viruses in them	
R eliable	Not everything online is telling the truth. Some people lie online.	
T ell	Tell a responsible adult if you see something online that worries you or if you see any bullying online	

Online safety is everyone's responsibility

Be SMART
Be Safe

All Gildredge House community members have a part to play in keeping the community safe.

Key Dates

1ST DECEMBER | CHRISTMAS JUMPER DAY & FREE LUNCH FOR YEARS 7, 8, AND 9

2ND DECEMBER | FREE LUNCH FOR YEARS 10, 11,12, AND 13

3RD DECEMBER | FOGH CHRISTMAS FAIR

13TH & 14TH DECEMBER | PERFORMING ART PLAYS

ASPIRE Points Totals



BADER

105



CARTER

234



HOPKINS

99



JOHNSTON

340



RAVILIOUS

157



Let's Celebrate

PRIMARY WINNERS



Well done to all students that entered Eastbourne's Ice Rink Colouring Competition. We are delighted to have had two winners and four highly commended in Primary. Not pictured is Isla Hawkins and Georgina Harris.

Well done to all involved!

GT SCHOLARS BRIT INSURANCE CHALLENGE

Well done to two of our excellent Sixth Form Students, pictured. They have been selected as finalists for the National GT Scholars x Brit Insurance Digital Challenge 2022.

STUDENTS ATTENDED THE BRIT INSURANCE CAREER INSIGHT DAY ON 28TH OCTOBER 2022 AT THE BRIT INSURANCE HEAD OFFICE IN LONDON.

Finalists came from all over the UK to visit the Brit Insurance head office in London – they took part in insightful workshops, developed their team working skills and presented their ideas to executives at Brit Insurance.



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Gildredge House Covid Guidance

Covid Guidance

At Gildredge House we are following Government guidance available at the above link.

When children and young people with symptoms should stay at home and when they can return to education

Children and young people with mild symptoms such as a runny nose, sore throat, or slight cough, who are otherwise well, can continue to attend their education setting. Children and young people who are unwell and have a high temperature should stay at home and avoid contact with other people, where they can. They can go back to school, college or childcare, and resume normal activities when they no longer have a high temperature and they are well enough to attend.

All children and young people with respiratory symptoms should be encouraged to cover their mouth and nose with a disposable tissue when coughing and/or sneezing and to wash their hands after using or disposing of tissues. It can be difficult to know when to seek help if your child is unwell. If you are worried about your child, especially if they are aged under 2 years old, then you should seek medical help.

Children and young people aged 18 years and under who have a positive test result

It is not recommended that children and young people are tested for COVID-19 unless directed to by a health professional. If a child or young person has a positive COVID-19 test result they should try to stay at home and avoid contact with other people for 3 days after the day they took the test, if they can. After 3 days, if they feel well and do not have a high temperature, the risk of passing the infection on to others is much lower. This is because children and young people tend to be infectious to other people for less time than adults. Children and young people who usually go to school, college or childcare and who live with someone who has a positive COVID-19 test result should continue to attend as normal.



Miss Loretta Pokorny

Welfare Officer





Gildredge House E-Safety

E-Safety Assembly

This week all students in secondary have had their annual assembly on e-safety.

The assembly covered key messages including:

- The age in which students should be using social media applications.
- A reminder on how students need to be kind online and the real-life implications of not being kind online.
- How students need to think about their digital footprint.
- Legal implications of putting content online and how this could impact their future careers.
- How to report inappropriate content which students see online.

A reminder that we do have an E-Safety website with lots of information about e-safety including our e-safety background, social media checklists and guides on how to set up features such as parental controls on mobile phones and games consoles. To access this website, click [HERE](#).

Before Christmas we will be releasing to parents, a short video which covers tips on how to set up new devices.

Perfect for the 25th of December!

Mr Kabir Kenth

Head of Computer Science



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FREE SCHOOL LUNCH



Due to staff shortages and the overwhelming success of the new catering company it has not been possible to complete the anticipated free lunch for secondary/sixth form students this week. Apologies for any inconvenience this may have caused. We have decided to stagger lunches across next Thursday and Friday to allow all students to benefit. Years 7, 8 & 9 will be invited to have lunch on Thursday and Years 10, 11, 12 & 13 will be able to go on Friday. A form will be made available on Edulink to all parents with relevant students in Secondary and Sixth Form, to decide if they would like the lunch. The lunch will include a main meal and dessert/piece of fruit.



MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK ONE	Creamy Chicken Korma with Turmeric Spiced Rice	Asian Style Chicken Stir Fry with Black Bean Sauce	Roast Turkey with Stuffing & Gravy	BBQ Chicken Thigh with Savoury Pilaf Rice	Breaded Fish Fillet & Chips
	Japanese Style Sweet Potato & Chickpea Curry	Falafel Stuffed Pitta	Lentil & Root Vegetable Loaf with Gravy	Mac n Cheese with Garlic Bread	Veggie Burger in a Bun & Chips
	Mini Naan Bread & Poppadom	Egg Fried Rice	Roast Potatoes	Fresh Vegetables	Garden Peas or Baked Beans
	Fresh Vegetables	Fresh Vegetables	Honey Herb Roasted Carrots & Steamed Savoy Cabbage	Warm Chocolate Brownie	Fresh Fruit Salad
	Forest Fruit Yoghurt	Sticky Toffee Pudding with Butterscotch Sauce	Iced Carrot Cake		

FOGH CHRISTMAS JUMPER DAY



On Thursday 1st December 2022, all Gildredge House, students are invited to wear a Christmas Jumper over the Gildredge House Uniform in Support of the Fogh Christmas Fair. Fogh have asked that, if possible, students could bring in a small gift for the tombola table at the fair the next day. This is not a non-uniform day.



BRIGADE | BLACK FRIDAY

Brigade Black Friday starts today and ends on Sunday. Don't miss out with 10% orders. Promo Code: "BFNOV2022". Please use this code during checkout to claim your 10% discount!



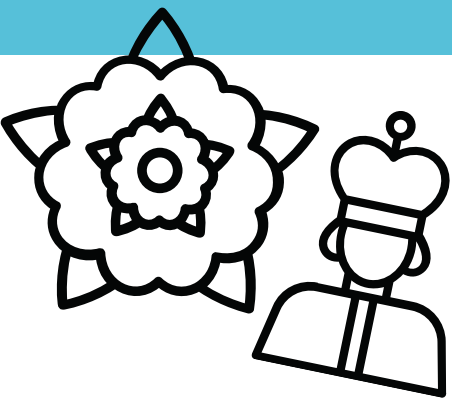
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Year 5 Hands on History



Hands on Learning!

Year 5 had a special visit from "Hands on History" this week. They loved seeing the artifacts and most importantly dressing up in the armour! Well done to Year 5 for being very well behaved throughout the day.



STAFF VACANCIES

ASPIRE

in all that we do



WE ARE CURRENTLY RECRUITING FOR THE BELOW VACANCIES:



ADMINISTRATIVE ASSISTANT



CLEANING OPERATIVE



TEACHING ASSISTANT- TA3



JOIN OUR
TEAM

FOR MORE INFORMATION
CHECK OUT OUR [WEBSITE](#)