

WEEKLY NEWS

WEEK 1 | TERM 4 | 24TH FEBRUARY 2023



ASPIRE IN ALL THAT WE DO

KEY REMINDERS- KEEPING SAFE

Now we are in March with lighter mornings and afternoons it's a good opportunity to remind students about personal safety when walking to and from school.

- Where possible walk to and from school with friends,
- Keep to well-lit areas
- Never take short cuts through wooded areas / alleyways
- Always look after friends
- Avoid wearing headphones so you can be fully aware of your surroundings
- Report to parents/carers/ teachers/police if they see something suspicious
- Remember you can always return to or phone school if you feel unsafe.
- Don't get into conversations with strangers
- Walk straight home or let people know where you are
- Keep mobile phones charged and easily accessible if you have one.

Key Dates

2ND MARCH HPV IMMUNISATIONS YEAR 8 & 9

6TH - 10TH MARCH NATIONAL CAREERS WEEK WHOLE SCHOOL

> 10TH MARCH WORLD BOOK DAY WHOLE SCHOOL

14TH MARCH LET'S DANCE PERFORMANCE YEARS 7-11

> 17TH MARCH RED NOSE DAY WHOLE SCHOOL

ASPIRE Points Totals



BADER

11113



CARTER

11661



HOPKINS

12410



JOHNSTON

12702



RAVILIOUS

12838









On Friday 10th February, forty three students from Gildredge House along with six members of staff headed off for Austria. We had six days skiing in Wildschonau with plenty of snow and glorious blue skies. The students did incredibly well with their skiing, especially as most had not skied on snow before. It was wonderful to see them progress over the course of the six days. They also had lots of fun in the evenings too with activities such as swimming, a fashion show, a quiz night, shopping and a sleigh ride.

The students were a credit to the school, their family and themselves. I hope they will remember the experiences of the trip and have memories to be recounting over the years. They learn so much about themselves on a trip like this, not just the experience of skiing.

I will let the photos below tell you more about the trip, but I just wanted to say a huge thank you to the staff who accompanied me on the trip. Without their support, these sorts of trips would not happen.

Mrs K. Maxwell

Head of Years 12 & 13

















Eco Committee Tree planting Success





Well done to all of the Year 8 Eco Committee that helped plant twenty-six trees across the school grounds.

The trees were kindly provided by the local charity <u>Treebourne</u> with whom we have a strong and relationship, that has gone from strength to strength! Adam, from Treebourne was responsible for sourcing the funding and subsequent purchase of the trees. We can not thank Adam and his volunteer helpers enough, for all their incredibly hard work today.

We would also like to thank Lord and Lady Lucas for their insight to tree types and growing patterns, which they gave to our students during today's planting process.

We now have an orchard at the back of the secondary school, which will be used by our students and staff for a range of curriculum related learning experiences. This combined with our Eco Garden, show our commitment to developing a culture of student awareness regarding sustainability. Today's planting also enhances our desire to increase biodiversity across the site, as we start the re application process for the Eco Schools Green Flag status.

Mr. C. Dyer

Teacher of Geography, Eco and Student Leadership Co-ordinator Coastal Schools Partnership Champ







Duke OF Edinburgh Award

Every year at Gildredge House we undertake the challenging Duke of Edinburgh Award. The current layout involves Volunteering, Physical Skills and an Expedition.

We've had great success with students going from Bronze to Silver to Gold. The award looks at building resilience, teamworking skills and leaves a mark of achievement and, we hope, core memories.

Currently we have 38 Year 9 Students who have completed 2/3 of the sections and have the expedition to go.

Preparations for the Bronze practice expedition are well underway with Year 9 practicing tent building skills this week.

As you can imagine, a lot of work goes on behind the scenes to organise this, so thank you to Mrs. Maxwell, Mr. Kenth and Mrs. Bray for all the hardwork!











WEEKLY CLASS ATTENDANCE

At Gildredge House, we believe that outstanding attendance is important to ensure children are safe and have full access to the educational provision made for them.

We closely monitor attendance for all students in both Primary and Secondary. We celebrate, weekly, the top two classes with the highest attendance rates in both phases of the school.

Week 5, 6th February - 10th February 2023

Congratulations to:

<u>Primary</u> <u>Secondary</u>



WHAT'S ON THE MENU?

MONDAY

Traditional Beef Lasagne al Forno

Gnocchi with Rocket & Basil Pesto

Garlic Bread

Fresh Chopped Salad

Apricot Crumble with Custard

TUESDAY
Mild Piri Piri Chicken Thighs

Tacos with Quorn Chilli & Sour Cream

Sweet Potato Wedges

Sweetcorn with Mixed Peppers

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Chocolate Tiffin Cake

Honey Roast Gammon, Pineapple & Gravy

Marinated Squash & Baby Vegetable Frittata

Roast Potatoes

Glazed Carrots & Curly Kale

Fruits of the Forest Sponge with Custard

THURSDAY Turkey & Pepper Fricassee

Cheese & Potato Quesadilla with Salsa

Pilaf Rice

Broccoli Florets

Apricot Flapjack

Freshly Fried Fish

FRIDAY

Layered Macaroni Cheese with Homemade Bread

HARRISON food with thought

Chipped Potatoes

Garden Peas or Baked Beans Freshly Baked Carrot Cake

MORNING DROP OFF REMINDER

Parent Parking / Student Drop-off: Mornings Only

Parents of students in Reception and Year 1 should park in the parent parking area located around the perimeter of the car park. Please note: if you have children in multiple Year Groups including a child in Reception or Year 1. Please note Kiss & Drop Off is for Primary students only.

Parents of students in Years 2-6 should proceed to drive up the school driveway using the left-hand lane, observing the speed limit of 5mph and drop the student(s) at the top of the drive before reaching the zebra crossing, then follow the drive round to the right and proceed out of the school grounds, giving way to cars leaving the school car park.







PLASTIC-FREE REUSABLE BOTTLES

Harrison Catering Services is delighted to announce that from Monday, 27th February, the restaurant at Gildredge House will be launching a new range of reusable, plastic-free bottles and delicious drinks from Generation Juice.

As part of this new range, hydration drinks hubs will serve natural, delicious, juicy fruit concentrates and filtered & chilled water directly into a reusable bottle.



- Sensational delicious drinks for reusable bottles, freshly served from the Drinks Hub
- Chilled, naturally fruity, great tasting drinks in your reusable bottle











Hearing your thoughts on our catering service is an essential part of developing the foodservice. Please feel free to contact our catering manager at gildredge.house@harrisoncatering.co.uk with your feedback or suggestions.

Make using your reusable bottle the habit

STAFF VACANCIES



in all that we do





ASSISTANT HEAD OF YEAR (SUPPORT STAFF)



CLEANING OPERATIVE



PASTORAL CO-ORDINATOR (SUPPORT STAFF)



RECEPTIONIST



TEACHING ASSISTANT (TA)





FOR MORE INFORMATION CHECK OUT OUR WEBSITE



STREETS

POLEGATE

FRI 3 MARCH PUPPET SHOW 4.30PM

CROWBOROUGH

SAT 4 MARCH 11.30- 2.30PM HAILSHAM

HEATHFIELD

RCH PUPPET SHOW 4.30PM











FREE 4 WEE K COURSE



Understanding Challenging Behaviour

For parents and carers of primary school aged children.

This course will provide an understanding of the way your child thinks and behaves. There will be practical tips and techniques to use in order to reduce unwanted behaviour and increase positive behaviour.

The course includes ways to deal with the more difficult times and looking after yourself.

This four week course is taking place on: Fridays 3rd, 10th, 17th & 24th March 10.30am – 12.30pm

At East Sussex College, Cross Levels Way, Eastbourne, BN21 2UF

To enrol visit <u>adult.escg.ac.uk</u> and search 'behaviour' or scan the QR code below

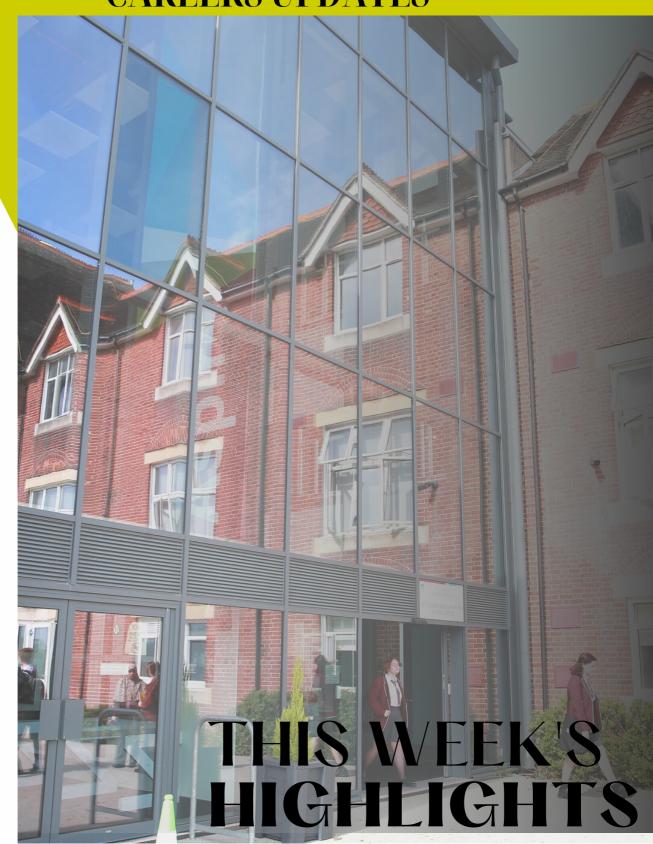
Enquiries: community.info@escg.ac.uk or call 030 300 38212





GH CAREERS

CAREERS UPDATES





For more Careers advice please check out the website. Available here.

General Dynamics

Kirsten McCormack from General Dynamics joined Gildredge House, just before the half-term break to talk to everyone about careers in aerospace. Her talk focused on women and all the many careers open to women within Science, Technology, Engineering and Maths (STEM) sectors.

Women are underrepresented within STEM and Gildredge House is great promoters of women aspiring and succeeding in sectors where they are traditionally unrepresented. The myth is that women may find these jobs boring and unstimulating and that is simply not true. Kirsten told the group what she does within General Dynamics and how much she loves her job. We hope that she managed to inspire the students present at the talk to enter into a STEM career.

If you'd like to find out more about General Dynamics, please visit <u>here.</u>

For more information on Women in STEM please visit <u>here</u> and for job profiles on Career Pilot please visit <u>here</u>.













CAREERS UPDATES

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Careers in Digital and Technology For Years 10 and above

Are you interested in careers in Science, Tech or Finance? If so, you are invited to attend a series of exclusive workshops which are being run by <u>Skills Gap</u>. Skills Gap is a career accelerator that runs insightful workshops for young people aged 15-19.

The workshops are designed to give students a head start in their career research. The next workshop will be covering everything related to learning the basics of Artificial Intelligence (AI), hacking and coding, as well as the unique job opportunities in each sector. Students will also get a chance to try a hands-on practical exercise, and put questions to a panel of industry experts.





Robotics in Space

Saturday, 11 March 2023

From exploring the surface of Mars to sizing-up metallic asteroids, the race is on to unlock the mysteries of the universe and answer our planet's biggest challenges. Taught online by robotics experts, this workshop gives a fascinating insight into today's space industry. Take part in a hands-on exercise to design an autonomous robotic lander to explore Europa and get career tips and advice to get ahead.

AI in Medicine

Saturday, 11 March 2023

Medicine is on the verge of an Artificial Intelligence revolution – from pioneering surgeries to algorithms that predict future health issues. Our workshop is delivered online by med-tech experts, and will introduce you to key AI trends in medicine, it's influence on global healthcare, and the tech skills you need to get ahead. You'll also take part in an exciting hands-on diagnostic exercise using AI modelling tools.









CAREERS UPDATES

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DV8 Sussex

Are you a creative thinker, looking for industry-led Post-16 options?

EMPOWERING CREATIVE THINKERS

Dv8 Sussex is a creative college offering young people aged 16-18 personalised, industry-led courses in the most vibrant & exciting creative sectors. Through practical project-based learning, our students gain real-life experience to develop skills in a supportive and ambitious environment with continual opportunities to work and think differently.

Join DV8 on Thursday 2nd March 2023 from 5:30 pm – 7 pm for their Virtual Q&A Event! During the event, their specialist staff will be on hand to answer any questions you might have about Dv8 Sussex. To sign up, simply fill out the form linked <u>here.</u>







