



ASPIRE

Gildredge House

WEEKLY NEWS

WEEK 3 . TERM 1 . 22ND SEPTEMBER 2023



ASPIRE IN ALL THAT WE DO

KEY REMINDERS

Year 10 Work Experience Parent Meeting
Tuesday 3 October 17:00-18:00

A reminder for your diary that all Year 10 Parents are invited to attend a meeting on the Year 10 work experience programme. The work experience week will be held from Monday 8 July – Friday 12 July 2024. The meeting will give parents an opportunity to ask any questions they may have about the week and the preparation running up to the event.

If you would like to attend, please complete the form [here](#)

Key Dates

25TH SEPTEMBER
YEAR 7 OPEN EVENING FOR
ALL NEW PROSPECTIVE
PARENTS

26TH & 27TH SEPTEMBER
SCHOOL PHOTOS FOR ALL
YEARS

29TH SEPTEMBER
YEAR 5 TRIP TO BATTLE
ABBEY

13TH OCTOBER
PRIMARY OPEN MORNING
FROM 9-12PM

13TH OCTOBER
INSET DAY (ALL YEARS)



NUT FREE SCHOOL - To safeguard our students, staff and visitors it is imperative that peanuts, nuts and anything nut based are NOT bought into school or consumed on the premises.

ASPIRE Points Totals



BADER

2316



CARTER

1633



HOPKINS

1933



JOHNSTON

1720



RAVILIOUS

2063



GILDREDGE HOUSE



@GILDREDGEHOUSE
FREESCHOOL



WWW.GILDREDGEHOUSE.ORG.UK



Gildredge House Lesson Culture

Since the beginning of term, your child's teachers have been implementing a range of teaching and learning strategies during their lessons. These strategies form part of our whole school 'lesson culture' which are collectively known as 'The Gildredge House 5'. Please find further information below. You have been invited to attend a Partnership With Parents Evening on Monday 2nd October between 6.00-7.00 pm, during which members of the Senior Leadership Team will explain The Gildredge House 5 in detail and demonstrate the teaching and learning strategies we are embedding across our primary and secondary phases. Our hope is that the session will enhance your understanding of your child's daily school experience, and subsequently enable you to better support their learning. If you would like to attend the Partnership With Parents Evening, please confirm your attendance by following the link in the invitation letter.

The Gildredge House 5

At Gildredge House, our lesson culture reflects a number of teaching and learning essentials which collectively form The Gildredge House 5. We believe that consistent implementation of these essentials increases the probability of our students making the progress they are capable of. The essentials of The Gildredge House 5 are as follows:

The Gildredge House Five Teaching and Learning Essentials

CHALLENGE

EXPLANATION

MODELLING

QUESTIONING

FEEDBACK



The Gildredge House 5

Challenge

- Students should be set challenging work that results in deep thinking.
- The skill of an effective teacher is to push all students just far enough so they are engaged in healthy struggle and then be responsive to support students where necessary.
- Teachers achieve this aim by having a thorough understanding of the curriculum they are teaching, and in-depth knowledge of the needs of the students they are teaching.

Explanation

- Teacher should attempt to link explanations to something students already know. This helps students transform abstract ideas into more concrete ones.
- Explanations should be broken down into manageable chunks to avoid overloading working memory.
- Our teachers should establish the level of student understanding before initiating explanations and prepare in advance for any common misconceptions or errors.
- Teachers should tell stories that appeal to emotions, focusing on conflicts and how they are overcome. Analogies and metaphors are powerful and provide a bridge between current knowledge and material to be learnt.

Modelling

- Teachers should model intended outcomes before students engage in deliberate practice. Modelling allows students to observe common misconceptions and appreciate what success looks like.
- Modelling is most effective when delivered in small step-by-step blocks using worked examples.
- Teachers should live model during lessons whilst simultaneously thinking aloud. This enables teachers to reveal and externalise their thought processes.

Questioning

- Questioning serves to test, deepen and develop one's understanding of a new concept and create a classroom culture of rich discussion.
- Teachers should ensure students engage in cognitive work by using probing questions, involving everyone through cold calling, multiple choice questions, and orchestrating discussion to check for understanding.
- Teachers should combine open and closed questions and provide students with adequate thinking time before sampling or randomising responses.

Feedback

- Teachers must provide precise and timely feedback. This is a reciprocal process.
- Feedback can be verbal, written, given by peers or self-generated.
- After feedback has been issued, teachers should provide students with actions and dedicated time to edit and improve their work.



LESSON CULTURE

This year, we are focusing on embedding a range of teaching and learning strategies into our lessons that align with our Lesson Culture.

| STRATEGY | DESCRIPTION |
|--------------------|--|
| Retrieval Practice | Retrieval practice is an active learning technique where students recall information from memory without reference materials. This process enhances long-term retention by strengthening neural pathways, improving recall, and promoting deeper understanding. By engaging in repeated and spaced retrieval attempts, knowledge becomes embedded and areas for improvement can be identified. Research shows that integrating retrieval practice into study routines enhances learning outcomes and problem-solving skills, contributing to more effective and durable learning. |
| Show Me Boards | Using mini-whiteboards, or 'Show Me Boards', during lessons enables the teacher to regularly assess student understanding. Common misconceptions can quickly be identified and corrected, enabling student learning to progress. The use of Show Me Boards results in all students being required to engage with the lesson. There is no 'opt out' as the expectation is for all students to provide feedback. |
| Cold Calling | Cold calling involves randomly selecting students to answer questions or contribute to discussions. This strategy promotes active participation, engagement, and on-the-spot thinking. By ensuring all students are potential respondents, it creates an inclusive and dynamic classroom environment. It encourages students to stay attentive, as they could be called upon at any moment, fostering deeper understanding and retention. Cold calling helps teachers gauge students' understanding, address misconceptions, and provides equal opportunity for all students to contribute, enhancing overall learning outcomes. |
| I/We/You Modelling | I/We/You modeling is a three-stage modelling process: I - The teacher demonstrates the task, offering a clear example. We - Teacher and students collaboratively practice, discussing challenges. You - Students independently apply the learned technique. This method facilitates gradual understanding and skill acquisition, starting with teacher guidance, transitioning to joint effort, and culminating in individual proficiency. It fosters confidence, understanding, and independence, making it effective for a variety of subjects and tasks. |
| Think, Pair, Share | Think/Pair/Share is an instructional strategy where students individually reflect on a question or topic (Think), then pair up with a classmate to discuss their thoughts (Pair), and finally, share their insights with the larger group (Share). This technique encourages active participation, promotes deeper understanding through peer discussion, and enhances communication skills. It fosters critical thinking, collaboration, and diverse perspectives, making it effective for concept exploration and problem-solving. Think/Pair/Share provides a structured way for students to engage with content, increasing engagement and creating a more interactive and inclusive learning environment. |



TEACHING AND LEARNING STRATEGIES

Cognitive Load Theory

Learning is understood to be a permanent change to our long-term memory. For information to move into our long-term memory, it must first be processed in a meaningful way by our working memory. Unfortunately, our working memory has a very limited capacity and can become overloaded quickly if there is an excessive amount of external or internal information needing to be processed at the same time. External information may be physical (a teacher moving around the room), visual (images or text on the board), or auditory (the teacher's voice). Internal information could be exam anxiety, excitement about an after-school activity, or concern about a friend. To maximise the effectiveness of the working memory during lessons, it is important for teachers to present new information in small steps and build on prior knowledge whenever possible.



Formative assessment



Effective formative assessment is an ongoing, student-centered process that informs teaching and learning. It involves timely feedback and activities that help gauge student understanding, allowing teachers to adjust instruction to meet individual needs. Through quizzes, discussions, peer evaluations, and other methods, formative assessment fosters active engagement and guides students in self-monitoring their progress. It promotes metacognition, supports skill development, and informs instructional decisions, ultimately improving learning outcomes.



FORTHCOMING OPEN EVENTS



We would like to invite you to attend our school's open events. It is a great opportunity for you to explore our facilities, meet our amazing staff and learn about our academic programmes. We believe that seeing our school in person will give you a better understanding of what we have to offer and we look forward to answering any questions you may have. We hope to see you there!

YEAR 7 OPEN EVENING - 25TH
SEPTEMBER 5.30 PM-8 PM

YEAR 7 OPEN MORNINGS - 2ND -
12TH OCTOBER AT 9.15 AM

RECEPTION 2024 OPEN MORNING -
FRIDAY 13TH OCTOBER 9.30-12 PM

**To book, go to our website
www.gildredgehouse.org.uk**



SCHOOL PROSPECTUS



Please scan the QR code
to be taken to the
Gildredge House Digital
Prospectus



GH PRIMARY NEWS



Reminder

A quick reminder that children should be in their classes by 8:50am every morning. Morning drop off for Primary is 8:20-8:45am. There will be Secondary students arriving through the smaller side gate between 8:10-8:30am, so if you want to avoid the busyness of that period, please arrive after 8:30am.

The main gates for Primary will open at 8:20am and should be used as a Primary only entrance, with Secondary students going through the smaller side gate. Kiss and drop operates from 8:20-8:45am.



Please remember not to bring any nut-containing products to school in children's lunch boxes. Our school is a nut-free environment, and we want to ensure the safety of all students who have nut allergies. Let's work together to create a healthy and safe learning environment for everyone. Thank you for your cooperation!

AUTHOR LUKE TEMPLE WILL BE IN SCHOOL WITH HIS FUNNY AND Exciting BOOKS ON



VISIT LUKE'S WEBSITE

WWW.LUKETEMPLE.GO.UK

On **Monday 25th September**, we have author Luke Temple visiting the primary school children in the Lower School Hall!

Times are:

- 25th Sept, 1.30-2.00 pm: Presentation with years Reception, 1 and 2
- 25th Sept, 2.10-3.00 pm: Presentation with years 3-6

Luke will be returning the next day, after lunchtime, to do a book signing.

AUTHOR LUKE TEMPLE WILL BE IN SCHOOL WITH HIS FUNNY AND SPOOKY STORIES ON





VISIT LUKE'S WEBSITE

WWW.LUKETEMPLE.CO.UK

Eastbourne
foodbank

HARVEST COLLECTIONS

THANK YOU IN ADVANCE FOR ANYTHING
YOU ARE ABLE TO DONATE

**The Harvest Food Drive will
take place on Friday 6th
October**

**We are kindly asking
all students across
the school to
participate by
bringing in non-
perishable food
items**

Pot-noodle
Long-Life milk
Cereal
Tinned meat (Spam)
Shampoo
Jam and spreads
Toilet rolls
Tinned sweetcorn



GH SECONDARY NEWS

WINNER

Winners of the Reading in an Unusual Place' Library Competition

What an amazing amount of creative entries we had to our Reading in an Unusual Place Library Competition. Such funny and unusual places you all choose to read in. After much deliberation, the winners are a joint entry by Isla and Lena. This will be displayed in the new library alongside some of the other entries. Well done to everyone who entered.



Health and Welfare

A parent's guide to keeping kids healthy this school year

For information - A parent's guide to keeping kids healthy this school year

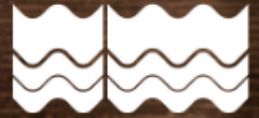
As a new school year begins, parents can help to slow the spread of seasonal illnesses and avoid unnecessary absences.

[This article](#) on Gov.uk covers the role of healthy hygiene habits, vaccination, spotting the symptoms of common illnesses, and how to make informed decisions on whether a sick student is well enough to attend school or college.



CLASS+ Coffee & Chat Sessions

East Sussex
County Council



Come and join the CLASS+ team and other parents at one of our Coffee and Chat sessions. No need to book just turn up. These sessions are designed for parents who have an autistic child or a child on the autism pathway.

We kindly ask that you don't bring small children to this session.

There will be a short section on this session that will focus around the theme of autism and change.

18 September, Westfield Primary School, 1:15pm to 2:45pm

20 September, St Thomas a Beckett Primary School, 9:00am to 10:30am

27 September, Peacehaven Community School, 9:15am to 10:45am

28 September, Willingdon Primary School, 9:15am to 10:45am

4 October, Robertsbridge Secondary School, 9:15am to 10:45am

19 October, Telscombe Academy, 1:15pm to 2:45pm

No need to book just turn up

FIREFLIES CHILDCARE



Fireflies Childcare aims to provide your children a home-style environment where they feel comfortable, confident and cared for. We understand that parents need reliable and trustworthy childcare and that children need a fun and enjoyable experience. We deliver this at our four venues and holiday club in Eastbourne, East Sussex.



The Fireflies Team

We aim to:

- Create a friendly, relaxed, and safe environment where children can confidently express their individuality.
- We will:
- Provide activities which take into account equality and diversity, age and abilities.
- In line with the School's 'Golden rules', we will help children develop responsibility for themselves and their actions and become competent, confident, independent and cooperative individuals and encourage children to have a positive attitude and respect for themselves and other people.
- Promote a positive relationship with parents/carers and work with them to provide high-quality play and care for their children.
- Evaluate and monitor our service regularly to ensure that the Club meets the needs of children and parents/carers.

We are committed to:

- Listening and responding to their views and concerns.
- Keeping parents/carers informed of our policies and procedures, including opening times, fees, and activities programmes.
- Sharing and discussing their child's achievements, experiences, progress and friendships, along with any difficulties that may arise.

We will provide:

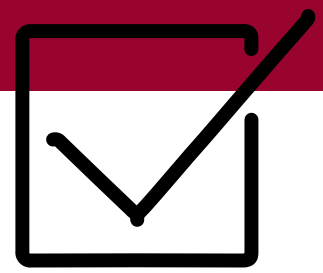
- Care and activities that put the needs and safety of children first.
- Activities that are interesting, educational, stimulating and fun.
- A space for children to relax and enjoy some quiet time after the school day.
- Carefully planned and risk-assessed outings.
- Access to a variety of facilities and equipment under safe and supervised conditions.
- A staff team that is experienced, well-trained and adequately supported.

School Meals

Our school takes pride in offering healthy and nutritious meals for our students. We understand that a well-balanced diet is crucial for their growth and development, which is why we invest in providing high-quality ingredients and preparing them in a way that is both delicious and healthy. Our menu is designed to cater to different tastes and dietary needs, ensuring that every child can enjoy a satisfying meal that meets their nutritional requirements. We believe that by promoting healthy eating habits at a young age, we can help our students establish a foundation for a lifetime of good health.



| WEEKLY MENU | | | | |
|--|---|---|--|--------------------------------------|
| Gildredge House School Summer Menu 2023 - Week 4 | | | | |
| Monday | Tuesday | Wednesday | Thursday | Friday |
| Beef Lasagne topped with Cheese & Crispy Onions | Conchiglie Pasta Creamy Carbonara - Creamy Sauce with Chunks of Ham | BBQ Pulled Pork served in a Yorkshire Pudding | Jerk Chicken Thigh with Creamy Coconut Rice & Peas | Battered Fish of the Day |
| Cheesy Salsa Quesadilla | Plant Based Meatballs with Pasta in a Tomato Herb Sauce | Roast Vegetable Layered Moussaka | Quorn & Vegetable Thai Style Green Curry | Vegetable & Basil Frittata |
| Garlic Bread Slice | | Roast Potatoes | Creamy Coconut Rice & Peas | Chipped Potatoes |
| Side Salad | Sweetcorn & Peppers | Vegetable Medley | | Baked Beans or Peas |
| Fusilli Pasta with Basil Pesto | Jacket Potato with Baked Beans & Grated Cheese | Fusilli Pasta with Tomato Basil Sauce | Jacket Potato with Baked Beans | Fusilli Pasta with Tomato Herb Sauce |
| Strawberry Mousse | Rocky Road Slice | Vanilla Ice Cream Tub | Sticky Toffee Pudding | Fresh Fruit Salad |



WEEKLY CLASS ATTENDANCE

At Gildredge House, we believe that outstanding attendance is important to ensure children are safe and have full access to the educational provision made for them.

We closely monitor attendance for all students in both Primary and Secondary. We celebrate, weekly, the top two classes with the highest attendance rates in both phases of the school.

Week : Commencing 4th September

Congratulations to:

Primary

3A = 99.3%

2B = 98.7%

Secondary

8B = 99.3%

8J = 98%

Top year group attendance this week = YEAR 7

Whole school attendance this week 96.6%

ATTENDANCE



MATTERS





UNIFORM SHOP

PRIMARY & SECONDARY

The second hand uniform shop will be open on the following dates until the end of the year. Come and visit us in Master's House between 14:30 and 16:00;

- Wednesday 11 October
- Friday 17 November
- Wednesday 6 December

Please note that the shop is cash sales only

The shop will open again on Friday 19 January with further opening times planned for each month after that.



CLOTHING DRIVE

We need your PE kits, fleeces and blazers for resale please! All good quality donations are welcomed and can be handed in to the secondary school reception.

We'd also like your pre-loved dressing up clothes! Anything medieval, roman, space, superhero and Victorian related for resale and swap is welcome.





Join an
OUTSTANDING
Ofsted rated agency & make
a difference to a child's life

Meet the Conteh family
Banya Eastbourne Foster Carers



Foster With Banya

Fostering talk

Come and talk to our local team on
14 October 23
3pm-5pm

VENUE

Giorgios Coffee House
2-4 Cornfield Road,
Eastbourne, East Sussex,
BN21 4PJ

Scan here to visit our website



Ofsted
Outstanding
Provider



CONTACT US ON

07841338056 | 07736157232 | 0800 9890135

GILDREDGE NEWS

GH CAREERS

CAREERS UPDATES



**THIS WEEK'S
HIGHLIGHTS**



CAREERS UPDATES

For more Careers advice please check out the website. Available [here](#).

Year 11 Post 16 Courses

After Christmas, students in Year 11 will need to have applied for a college place for September 2024. The choice they make for their Post 16 route is obviously very important and the range of opportunities is quite broad. Listed below are the open events for the local colleges in Eastbourne, Brighton and Bexhill. More information regarding Post-16 applications to follow to Year 11 parents.

| Name of College | Date | Website |
|--|---|---|
| BHASVIC | 8th and 9th November - 4pm - 8pm | https://www.bhasvic.ac.uk/ |
| East Sussex College Group (ESCG) Hastings, Lewes, Eastbourne and Newhaven | <p>Hastings 5th October 2023 16th November 2023 7th March 2024</p> <p>Lewes 12th October 2023 23rd November 2023 21st March 2024</p> <p>Eastbourne 19th October 2023 30th November 2023 14th March 2024</p> <p>Newhaven 9th November 2023 26th March 2023</p> | https://www.escg.ac.uk/whats-on/open-events/ |
| Bexhill College | Wednesday 18th October and Thursday 19th October 6pm - 8.30pm | https://www.bexhillcollege.ac.uk/taster-days/ |
| Hailsham Community College Sixth form | Thursday 5th October time TBC | https://www.hccat.net/sixth-form/ |





CAREERS UPDATES

For more Careers advice please check out the website. Available [here](#).

| | | |
|-------------------------|--|---|
| Seaford Head Sixth Form | Thursday 12th October 6-8pm | https://seafordhead.org/sixth-form-centre/about-s6h/ |
| Varndean College | 1st and 2nd November - 5pm - 8pm | https://varndean.ac.uk/ |
| Brighton Met | 11th October 4.30 - 7.30pm 18th November 10am - 1pm | https://www.gbmc.ac.uk/ |
| Cardinal Newman | 16th November 6.00-9pm | https://www.cncs.co.uk/sixth-form/ |
| Northbrook Met | 4th October 4.30 - 7.30pm 11th November 10.00 - 1pm | https://www.gbmc.ac.uk/ |
| Roedean | Thursday 5th October 4pm | https://roedean.co.uk/ |
| Plumpton College | 20th September 5.00 - 8pm | https://www.plumpton.ac.uk/ |
| Shoreham Academy | 2nd November -6pm - 8pm | https://www.shoreham-academy.org/sixth-form/courses |



Bexhill 6th Form College

Open EVENINGS

FROM 6.00-8.30PM

Good Vibes
ONLY
AT BEXHILL COLLEGE

Wednesday
18
OCTOBER

Thursday
19
OCTOBER





CAREERS UPDATES

For more Careers advice please check out the website. Available [here.](#)

Gildredge House Careers Fair Year 10 and Year 11 – Wednesday 11 October 2023

Gildredge House are holding a careers fair on Wednesday 11 October 2023. The fair will be open to Year 10 and Year 11 students. If you are a parent and would like to exhibit your company, you are most welcome to join us. Please email Sara Bray s.bray@gildredgehouse.org.uk for further details.



Year 11 Mock Interviews – Wednesday 15 November 2023



Gildredge House will be offering all our Year 11 students the opportunity to participate in mock interviews. These interviews are an important part of securing employment, and students will be interviewed as part of their Post-16 college applications. If you are an employer and would like to participate as an interviewer for the event, please do email Sara Bray s.bray@gildredgehouse.org.uk for further information.

Invest in Opportunities for students

INVESTIN have some autumn term career opportunities available for students aged 12-18. They will learn directly from some of the world's best professionals through a series of live, interactive weekend seminars. There is a charge for these events. Please see the link below if you would like to sign up.

[INVESTIN weekend opportunities](#)



GILDREDGE HOUSE



@GILDREDGEHOUSE
FREESCHOOL



WWW.GILDREDGEHOUSE.ORG.UK

WHAT NEXT SUSSEX?

SAVE THE DATE!

One of the biggest careers fairs in the region is back and bigger than ever!

Tuesday, 17th October 2023

It's **FREE** and you can choose your session:
Log on at 1.30pm – 3.00pm, or 6.00pm – 7.30pm

Don't miss out. Register for this free event at
www.getcareerconfident.co.uk/what-next-sussex

PTO

Thinking about what to do after Year 11 or supporting someone who is? Then **What Next Sussex** is for you.

The free online fair is open to all learners across Sussex and offers unmissable information, guidance and support to help students take their next steps. The event will include the chance to:

- Watch our brand new **What Next Sussex film**, take part in our **live chat** and explore new **interactive tools**, guiding you through your options
- Speak to students and staff from **sixth forms**, **colleges** and **universities** from across the region
- Talk to a range of **employers** and **apprenticeship** providers
- Speak to our qualified **careers advisors**



Don't miss out - scan the code to take part!

getcareerconfident.org.uk/what-next-sussex

Це для всіх

To jest dla wszystkich

Es para todos

What Next Sussex is for everyone!

Este pentru toată lumea

إنه للجميع

Ew ji bo her kesî ye



STAFF VACANCIES

ASPIRE

in all that we do



WE ARE CURRENTLY RECRUITING FOR THE BELOW VACANCIES:

- **CASUAL EXAM INVIGILATOR**
- **DESIGN TECHNOLOGY TECHNICIAN**
- **ESTATES ASSISTANT**
- **KEY STAGE PASTORAL CO-ORDINATOR**
- **SCHOOL CLEANING OPERATIVE**
- **SECONDARY TEACHING ASSISTANT**
- **TEACHER OF DRAMA**
- **TEACHER OF MATHS**
- **TEACHER OF SCIENCE**



Gildredge
House

FOR MORE INFORMATION
CHECK OUT OUR WEBSITE

