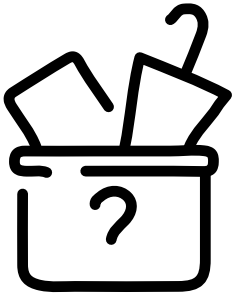




## KEY REMINDERS- LOST PROPERTY



We have received a lot of items of lost property this term. We would like to remind parents that all uniform, PE Kits and water bottles should be named.

As always, during the last week of term all of the lost property items will be placed outside the Secondary office. Students will be able to pick up anything that belongs to them or anything that's been forgotten about. Students have from Monday to Friday to come and have a look.

This will be available up until Friday 10th February. Anything that's not claimed will go to the second hand uniform sale or will be donated to charity.

## Key Dates

6TH - 10TH FEBRUARY  
NATIONAL  
APPRENTICESHIP WEEK

10TH FEBRUARY  
SPRING TERM 1 FINISHES  
WHOLE SCHOOL

10TH FEBRUARY  
THE ANNUAL SKI TRIP

20TH FEBRUARY  
SPRING TERM 2 STARTS



## ASPIRE Points Totals



BADER

9798



CARTER

10415



HOPKINS

11082



JOHNSTON

11151



RAVILIOUS

11034

# GH SPORT SUCCESS

## YEAR 5 & 6 - SCHOOL GAMES PRIMARY SPORTS HALL ATHLETICS COMPETITION



Congratulations to the Year 5 & 6 students who competed in the School Games Primary Sports Hall Athletics competition last week. They performed brilliantly, supporting each other and taking part with ambition and perseverance. They came a close second place, by 5 points, out of 10 schools that took part showing excellent potential for the outdoor School Games Quadkids Athletics events in the Summer.



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# WEEKLY CLASS ATTENDANCE

At Gildredge House, we believe that outstanding attendance is important to ensure children are safe and have full access to the educational provision made for them.

We closely monitor attendance for all students in both Primary and Secondary. We celebrate, weekly, the top two classes with the highest attendance rates in both phases of the school.

Week 4, 23rd - 27th January 2023

Congratulations to:

## Primary

2B = 98%

5B = 97.6%

## Secondary

11J = 98.3%

10J 97.2%



# MENU

## WHAT'S ON THE MENU?

HARRISON  
food with thought

### MONDAY

WEEK THREE  
Chicken Fajitas with Guacamole & Sour Cream  
Roast Vegetable & Brie Galette  
Spiced Potato Wedges  
Fresh Chopped Salad  
Citrus Sponge with Custard

### TUESDAY

Cottage Pie topped with Cheddar Mash  
Moroccan Style Vegetable Stew with Coriander Cous Cous  
Steamed Broccoli & Savoy Cabbage  
Steamed Syrup Sponge with Cream

### WEDNESDAY

Roast Chicken Thigh with Stuffing & Gravy  
Vegetable Sausage Roll with Onion Jam  
Roast Potatoes  
Roasted Root Vegetables  
Apple Crumble with Custard

### THURSDAY

Penne Pasta with Beef Ragù Sauce  
Vegetable Paella with Sun Blushed Tomatoes & Basil Oil  
Chopped Green Salad  
Garlic Bread Slices  
Berry Eton Mess

### FRIDAY

Breaded Fish Fillet with Tartare Sauce & Lemon  
Roast Vegetable & Bean Burrito  
Chunky Chips  
Garden Peas or Baked Beans  
Ice Cream Pots

## END OF TERM 3

Spring Term will come to an end on Friday 10th February at the normal time. The half term holiday will run from Monday 13th February to Friday 17th February. Spring Term 2 will commence on Monday 20th February. In anticipation of the upcoming exams, we recommend students use this time to plan, revise and catch up on any outstanding work.

## BRIGADE- FREE DELIVERY

Brigade Uniform will be having a promotion on Sunday 5th February from 12AM until midnight in which all orders over £20 will receive free delivery. For more information please [click here](#).



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# NEWSLETTER LOGO DESIGN COMPETITION



## DESIGN A LOGO FOR THE GILDREDGE HOUSE WEEKLY NEWSLETTER

PRIZE

### Competition Rules :

1. The logo should be based on your own imagination/idea. Don't take other people's work.
2. Feel free to design a logo using whatever medium you feel comfortable with. i.e paint, photoshop, drawings.
3. Posters must be submitted by Monday 20th February .If you are late your logo will not be included.
4. Winners will be announced Spring Term two.



Please send all logo designs to [office@gildredgehouse.org.uk](mailto:office@gildredgehouse.org.uk) or alternatively give it to the Primary or Secondary School Office.

OPEN TO ALL YEAR GROUPS

# STAFF VACANCIES

ASPIRE

in all that we do



WE ARE CURRENTLY RECRUITING FOR THE BELOW VACANCY:



TEACHING ASSISTANT



JOIN OUR  
TEAM

FOR MORE INFORMATION  
CHECK OUT OUR [WEBSITE](#)

## Tips for parents and carers

Dear parents and carers,

**6 - 12 February 2023 is Children's Mental Health Week.** The week is run by children's mental health charity Place2Be to raise awareness of the importance of children and young people's mental health. This year's theme is **Let's Connect**.

### What's it all about?

**Let's Connect** is about making meaningful connections, and for Children's Mental Health Week 2023, Place2Be is encouraging people to connect with others in healthy, rewarding and meaningful ways.

As parents and carers, you are an important role model to your child. How you connect with friends and family will influence your child, and how they develop their own friendships and relationships. For example, how you greet people and maintain friendships, but also how you forgive people or say sorry when you need to.

### What can you do?

Here are a few simple ways you can connect with your child and help them to make meaningful connections.

#### 1. Connect with your child in everyday ways

Moments of connection (and re-connection) are really important in child-caregiver relationships. For example, when you pick them up from school, or come in from work, try to give them your full attention and see if this helps you feel better connected as you hug, talk, smile and hear about their day. Watching your child play and joining in is really important to them – so put your phone away and have a bit of fun – being playful is good for adults, too!

With your older child, you may find times such as car journeys a good time to talk, or to re-connect by playing music you both like. It is important to be accessible to a teenager when they need to talk. You may have to be there 'on their terms' and be ready to listen.

#### 2. Talk to your child about important connections

This could include talking about family members, friends, neighbours, childminders, people in the local community and others in your faith group (if you have one). Remember it's ok to talk about people they miss, for example, family members who live in a different country or people who have died.

Children learn a lot from their parents about how to express their feelings, including the joy that comes with feeling connected to others and the sadness that comes with missing others.

#### 3. Talk to your child about their friends

As children become teenagers, their friendship groups become increasingly important to them. Be open to hearing about their friendships and try to listen without judgement.

