

Spring Terms 2024

**Primary
Morning
Energy Club
Booklet**



**Gildredge
House**


Welcome

Welcome to the Gildredge House Morning Energy Club Activity Booklet for Spring Term 3 & 4. Morning Energy Clubs are optional and will be on a first-come, first-served basis. Once your son/daughter has decided which of the Gildredge House Extra Curricular Activities they wish to sign up for, please navigate to your son/daughter's sQuid account to book and pay. Please note that payments, once made, are non-refundable. These activities are for students in Years 1-6 only. These activities run from 8 am-8.30 am.

Gildredge House Extra Curricular Activities are booked and paid for on a termly basis. Once your payment is received, your son/daughter will be deemed to have opted into the selected Morning Energy Club Activities.

All morning and after-school clubs will not run in the first or last week of term.

Important Dates:

- Wednesday 6th December 2023 at 8.00 pm: Bookings 
- Wednesday 13th December 2023 at midnight: Bookings close. After this date, no further bookings can be secured and no exceptions will be made.
- Tuesday 9th January 2024: Extra Curricular Activities commence.
- Friday 22nd March 2024: Extra Curricular Activities finish.

Morning Energy Club

Spring Term

Primary Phase Energy Club – 8 am–8.30 am

MONDAY

Cost £10.00

ABC Skills and Games – Years 1 and 2

Max 20

Fun agility, balance and coordination games with chasing, dodging, aiming and jumping to get you ready for the day.



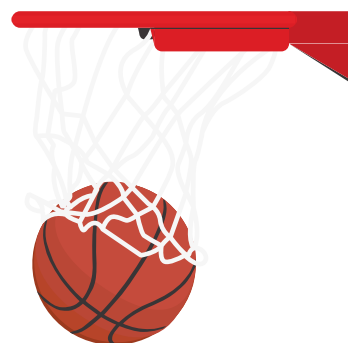
TUESDAY

Cost £10.00

Basketball – Years 4–6

Max 30

New to Basketball? Want to develop your basic skills, play games and have fun? This club is for you!



WEDNESDAY (7.45am – 8.20am)

Cost £10.00

Gymnastics – Years 3–6

Max 20

Be creative, and build strength and balance by learning key gymnastic skills including tumbling, creating routines and using gymnastics equipment.



Morning Energy Club

Spring Term

Primary Phase Energy Club – 8 am–8.30 am

THURSDAY (8am – 8.20am)

Cost £10.00

Bounce Beyond – Years 3–6

Max 20

Fun agility, balance and coordination games with chasing, dodging, aiming and jumping to get you ready for the day.



FRIDAY

Cost £10.00

Netball – Years 3–5

Max 30

Movement and ball skills, shooting and game play. Come and get ready for our Primary Tournaments and festivals!





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