

# GH CAREERS

## CAREERS UPDATES



**THIS WEEK'S  
HIGHLIGHTS**



## CAREERS UPDATES

For more Careers advice please check out the website. Available [here](#).

### Year 10 Work Experience Programme 8-12 July 2024

A reminder that the half term break is an excellent opportunity to look for a work experience placement. If you haven't already done so, start looking ASAP. There is a lot of useful supporting documents available for parents, students and employers on our website

At the start of the next term, we will be continuing to draft our CV's and write our covering email letters, but if you want to get ahead of the game, please visit our website for all the information including the following:

Year 10 Programme guide (which contains templates with covering letters), Finding a placement, how to contact an employer, Work Experience Guide for Parents, Work Experience Guide for Students, slides from the launch presentation and the work experience log that students will need in the Summer when they go to their placement. All this can be found on our website [here](#)



[Finding-your-own-placement.pdf](#)



[How-to-contact-an-employer.pdf](#)



[Guide-For-Parents.pdf](#)



[Guide-For-Students.pdf](#)



[Year-10-Work-Experience-Programme-Guide.pdf](#)



[Documents/Gildredge-House-Work-Experience-Launch-to-parents-October-2023.pdf](#)



[Work-Experience-Log.pdf](#)



[Work-Experience-Log-Word.docx](#)





# VOLUNTEERING FAIR

ARE YOU KEEN TO GAIN VALUABLE EXPERIENCE FOR YOUR CV, ENHANCE YOUR SKILLS AND MAKE A POSITIVE IMPACT IN YOUR COMMUNITY?

DROP-IN TO DISCUSS VOLUNTEERING OPPORTUNITIES IN THE LOCAL AREA



FOR YOUNG PEOPLE AGED 16+

Tuesday	12:30 to 16:30
<b>24<sup>TH</sup></b>	<b>The Gather</b>
October	Beacon Shopping Centre



WE WILL BE JOINED BY LOCAL EMPLOYERS INCLUDING:

- TECH RESORT
- ST WILFRID'S HOSPICE
- EAST SUSSEX LIBRARIES
- NHS
- TALENT ACCELERATOR



# CAREERS UPDATES

For more Careers advice please check out the website. Available [here](http://www.gildredgehouse.org.uk).



A big thank you to all the employers who took the time to attend our Careers Fair and provide valuable information to Year 10 and Year 11 students. Your efforts are greatly appreciated and will undoubtedly help our students make informed decisions about their future careers.





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# THANK YOU



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WHAT NEXT  
SUSSEX? 2023

## What Next Sussex

Just a quick reminder that during the upcoming half term, the What Next Sussex Online Careers Fair will be taking place. If you're interested in Post-16 or Post-18 opportunities, this is definitely an event you don't want to miss! The live chat sessions on October 17 will be held between 1:30 pm and 3 pm, and between 6 pm and 7:30 pm.

The event is open to everyone, including students, parents/carers, and anyone who is interested. There will be a variety of exhibitors, including colleges, sixth forms, apprenticeship and training providers, employers, and universities. I highly recommend that you attend if you're in Year 10, Year 11, or Year 13.

If you'd like to sign up for What Next Sussex and receive the link, simply follow this [here](#) . You can also visit Get Creer Confident [here](#) to read more about the event, listen to professionals talk about careers in various sectors, or if you're a parent of a student with SEND.





# WHAT NEXT SUSSEX?

**SAVE THE DATE!**

One of the biggest careers fairs in the region is back and bigger than ever!

**Tuesday, 17th October 2023**

It's **FREE** and you can choose your session:  
Log on at 1.30pm – 3.00pm, or 6.00pm – 7.30pm

Don't miss out. Register for this free event at  
[www.getcareerconfident.co.uk/what-next-sussex](http://www.getcareerconfident.co.uk/what-next-sussex)

PTO

Thinking about what to do after Year 11 or supporting someone who is? Then **What Next Sussex** is for you.

The free online fair is open to all learners across Sussex and offers unmissable information, guidance and support to help students take their next steps. The event will include the chance to:

- Watch our brand new **What Next Sussex film**, take part in our **live chat** and explore new **interactive tools**, guiding you through your options
- Speak to students and staff from **sixth forms**, **colleges** and **universities** from across the region
- Talk to a range of **employers** and **apprenticeship** providers
- Speak to our qualified **careers advisors**



**Don't miss out - scan the code to take part!**

[getcareerconfident.org.uk/what-next-sussex](http://getcareerconfident.org.uk/what-next-sussex)

Це для всіх

To jest dla wszystkich

Es para todos

**What Next Sussex is for everyone!**

Este pentru toată lumea

إنه للجميع

Ew ji bo her kesî ye



### **Year 11 Mock Interview Event to be held at Gildredge House Wednesday 15 November 2023 11:30-13:30**

Year 11 students will soon be applying for colleges and sixth forms, and the Careers Department is looking to provide them with support by preparing them with mock interviews. These interviews not only provide students with a great opportunity to build confidence before their actual college interviews, but they are also an important right of passage for anyone entering the workforce. According to feedback from previous students who participated in the mock interview event, they found the experience extremely positive and they learned a lot from it. Some students even chose to be interviewed again by other employers to gain more experience. This hands-on experience is valuable, and practice makes perfect.

If you are a parent who employs young people or if you have experience in interviewing young people as part of your HR role, Gildredge House would like to invite you to join their employer's panel. The event will start at 11:30 am and finish with a sandwich lunch at 1:30 pm. You will be given a full briefing about the event and how to conduct your interview so that your feedback can be shared with the students. If you're interested, please email Mrs. Sara Bray at [s.bray@gildredgehouse.org.uk](mailto:s.bray@gildredgehouse.org.uk).





# Learning to Learn

Do you want to achieve your full potential in your summer examinations? Are you interested in boosting your predicted grades? If so, then engaging on the National Study Skills Initiative might be the perfect opportunity to enhance your study habits so you can aspire to achieve the best you can.

ALL students from ANY background are invited to take part in a Live Free Virtual Study Skills and Exam Technique Webinar. This is suitable for students in Year 10 to Year 11. If students are unable to attend the webinar live, they can register to receive a recording along with some excellent free handouts describing study techniques that are underpinned by evidence-based-research. Free resources tailored to different exam boards to conference attendees will also be distributed to assist with exam technique.

Here is an outline of the programme on offer:

Introduction: Unlocking Academic Excellence – The Importance of Study Skills & Exam Techniques

Section 2: The Power of Effective Study Habits

Interactive Session: "Study Styles: Which One Are You?"

Section 3: Memory Boosters for Exam Prep

Section 4: Conquering Exam Anxiety

Section 5: A Day Before the Exam

Section 6: Exam Techniques specific to Exam Boards such as AQA, OCR, EDEXCEL and SQA

The conferences are being held on:

Sunday 5th November 11am–1pm UK GMT

Saturday 11th November 11am–1pm UK GMT

If neither of these are suitable, you can register to receive the conference recording.

Places will be allocated on a 'first-come-first-served basis', and students can register for free with this conference registration form:

<https://airtable.com/apppaypcxGI0Xqbp5C/shrHPWt01RPcs3d9g>

Please note, that due to high demand, we anticipate that the form may be overloaded if too many people are completing it at the same time. If this happens, please wait a moment and then try again. We have capacity for over 10,000 free registrations so please do not panic, and there will be further webinars later in the academic year!





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## Are You Thinking Of Going To Drama School?

The Stage's annual How to Choose Your Drama School special issue is out on 12 October and you can get a FREE digital copy.

The issue contains advice on how to get the most out of drama school and tips from leading figures in the theatre training space.

To receive a free copy straight to your inbox, simply [register your details here](#). If you are interested in some of the jobs advertised in The Stage why not have a look [here](#)



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# ARE YOU INTERESTED IN A CAREER HEALTHCARE?



Allied Healthcare Mentors are offering an amazing opportunities for virtual work experience, and if you are interested in becoming a medic in the following careers, then read on. Nursing, Midwifery, Paramedicine, Physiotherapy, Occupational Therapy, Dietetics, Radiography, Prosthetics and Orthotics, Speech and language therapy and Pharmacy Health Education England has recently completed a discovery report on virtual work experience programmes, which have concluded that these programmes are a valuable addition to in-person work experience, especially by preparing students for in-person placements and where in-person experiences are extremely limited.

The NHS Allied Healthcare Work Experience successfully invited 12,000 students to participate in the last academic year, making it the largest programme for students who are specifically interested in these careers.

Applications for this programme are now open, and they will be open throughout this academic year, with the next virtual work experience day taking place on the 5th November. If you are in Year 10, 11, or 13 and you are interested in the careers above, please consider participating in the monthly virtual work experience days.

During the work experience day, students will follow 2 patients from their initial presentation to recovery. Students will observe the healthcare professionals as you interact with the patients and each other. Students will have an opportunity to ask questions and gain knowledge through teaching.

This will help you to make an informed career decision as well as learn about how healthcare professionals work together as part of a multidisciplinary team. Each work experience day is completely different, and you will be able to build on your knowledge of NHS careers as you see different patient cases and healthcare professionals work in a variety of settings, such as hospital and community.

When completed, you will also receive certificates as evidence of having participated in the work experience programme. Those that complete the entire 6-month programme will be awarded with Highly Commended References too.

Students can register individually through the website link below. Places are £10 a day to cover administrative costs and run the tech on the day.

Students can register for the programme here:

<https://alliedhealthmentor.org/nhs-healthcare-careers-virtual-work-experience/>



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# Careers in Maths



**maths**  
careers  
ENDLESS OPPORTUNITIES

Ever wondered how much you could earn using maths in your place of work? The map of Great Britain below shows how much maths jobs pay (these are averages).

Look at the Labour Market Information below that to see if you can spot the areas where Maths careers exceed the national average.

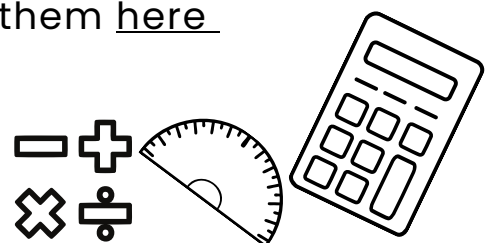
Maths is used in the world of finance and here are the top ten highest-paying finance jobs in the UK. Source (Indeed Career Guide).

1. Financial adviser
2. Senior accountant
3. Investment Banker
4. Hedge fund manager
5. Financial analyst
6. Information technology auditor
7. Financial software developer
8. Private equity associate
9. Chief compliance officer
10. Chief financial officer

For further information on where Maths can take you, visit Maths Careers <https://www.mathscareers.org.uk/> or The National Careers Service [here](#) or Career Pilot [here](#)

### Vocational and Apprenticeships in Maths

If you are interested in Maths and are looking for a vocational pathway such as BTECS and NVQS to Maths read about them [here](#)

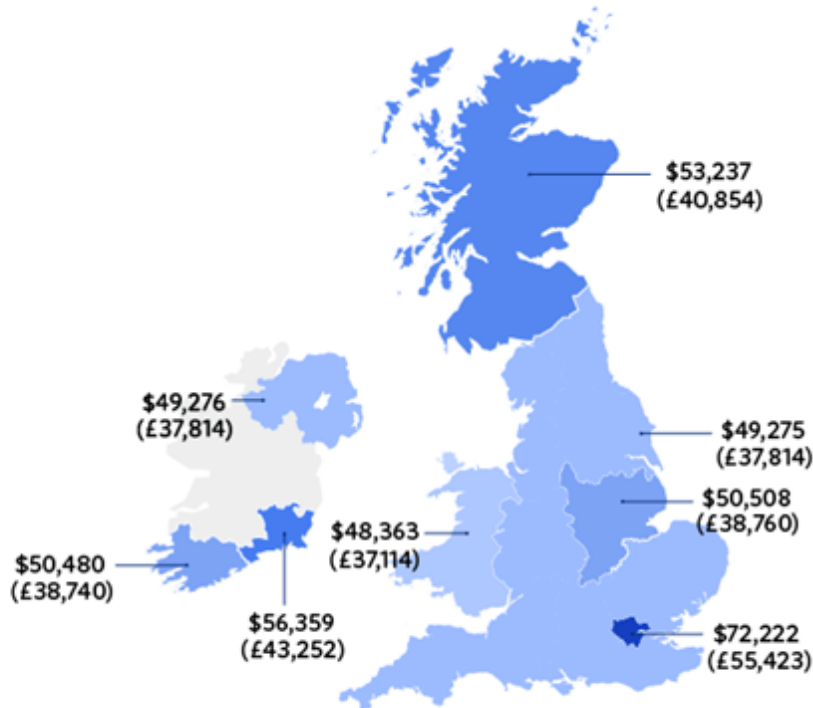




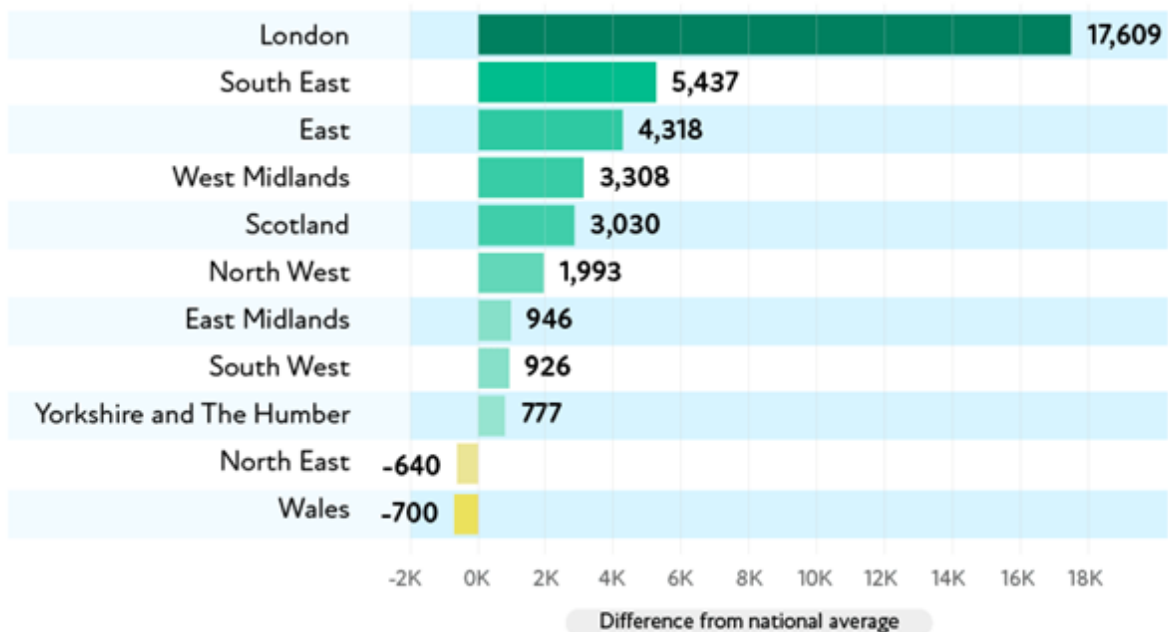


# Mathematics-Related Salaries in the UK

## Mathematics Salaries by Region



## Mathematics Salaries Over/Under National Average (by Region)





# Apprenticeships



## New SIGTA apprentices with Elekta of Crawley



We are delighted to welcome new apprentices (from left to right) Zackary Risby, Jack Livesley, Rowan Hetzel and Cameron Munday to Elekta. Congratulations to all four and wishing them the very best as they start out on their careers as engineering fitter apprentices with Elekta of Crawley.



**SCIENCE  
TECHNOLOGY  
ENGINEERING  
MATHS**

## Apprenticeship vacancies pay between £15,000-£21,000 a year!

Did you know that some apprenticeships can start any time of year?

We have technical and office based apprenticeships that do not need to align with the academic year.

These are:

- Engineering Fitter (electrical or mechanical) as featured on page 2 of this newsletter.
- Computer Aided Design (technical CAD)
- Business Administrator (keeping the office running smoothly)
- Healthcare Technician (maintaining clinical & medical equipment for the NHS)

**Teachers! please share our newsletter with your students to help make them aware of our great apprenticeships with world-class companies.**

**Qualifications without student debt!  
(and get well paid to learn)**

## EARN & LEARN

**Planning a careers event?**  
Get in touch and we will be delighted to attend.  
Contact me:  
[david@sigta.co.uk](mailto:david@sigta.co.uk)  
t: 07710 148376



**We require:**  
GCSE English & maths plus 3 others at grade 4 (C) and above for most of our apprenticeships.



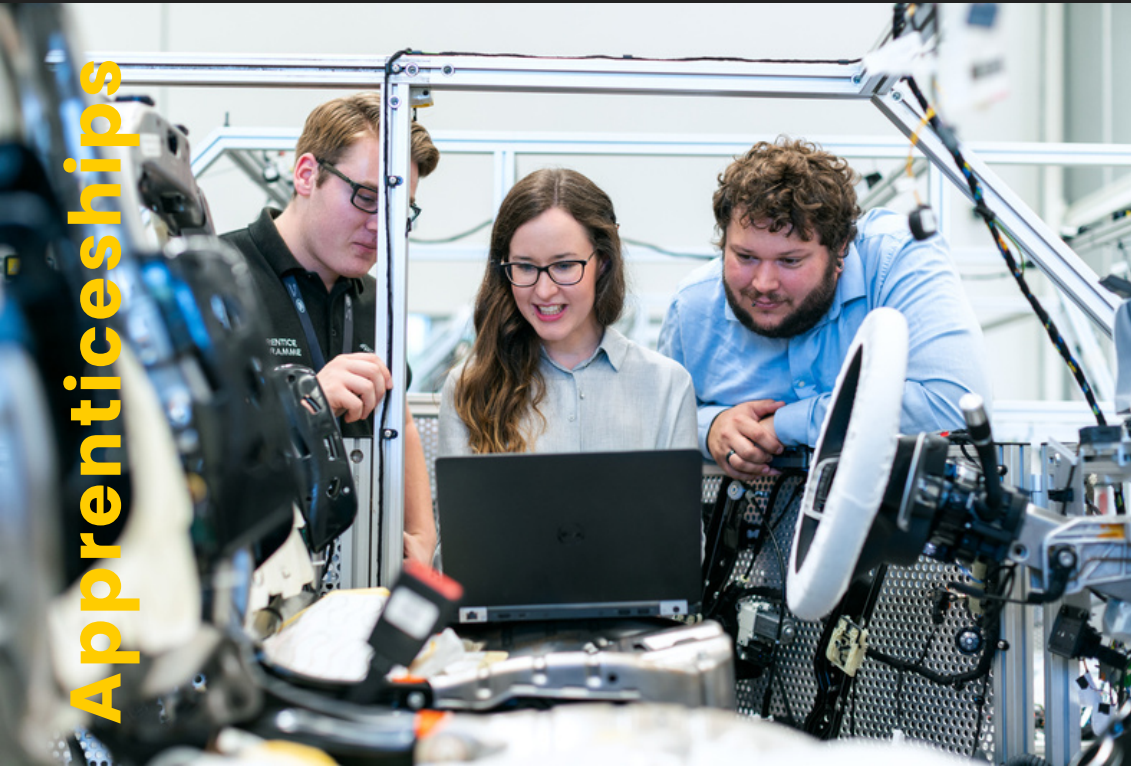


## BECOMING AN APPRENTICE

Each month we feature one of the apprenticeships that we offer

[www.sigta.co.uk](http://www.sigta.co.uk)

Apprenticeships



EARN & LEARN

NO STUDENT DEBT

IT'S A REAL JOB!

Visit our apprenticeships page for more information

# ENGINEERING FITTER



Are you interested in how things work or are made?

You will learn to produce complex high value, low volume components or assemblies, using machines and hand tools. Fitters may typically have a mechanical, electrical, electronic, control systems or instrumentation bias.

An engineering fitter, often referred to simply as a "fitter," is a highly skilled tradesperson in the field of mechanical and electrical engineering and manufacturing. Fitters are responsible for assembling, installing, maintaining, and repairing machinery, equipment, and mechanical systems. Their role is crucial in ensuring that machinery and systems operate efficiently and safely.

## Qualifications

You will work towards:

Level 3 Engineering Fitter Apprenticeship Standard

- EAL Level 3 Diploma in Advanced Manufacturing Engineering (Development Knowledge)

We require five GCSEs at Level 4 and above. This must include English and maths.

Key roles and tasks:

- Interpreting technical drawings and diagrams.
- Assembly and Installation of mechanical or electrical components and systems.
- Use of machinery and hand tools.
- Precision working to ensure everything fits together correctly.
- Metrology - you may use measuring equipment.
- Documentation to record the build or upgrade work you have completed.

[www.sigta.co.uk](http://www.sigta.co.uk)



Bexhill 6th Form College

# Open EVENINGS

FROM 6.00-8.30PM

*Good Vibes*  
ONLY  
AT BEXHILL COLLEGE

*Wednesday*

18

OCTOBER

*Thursday*

19

OCTOBER





# OPEN THIS OCTOBER & EVENTS! NOVEMBER 4:30PM - 7PM



STATION PLAZA OPEN EVENT 2023 ↓



EASTBOURNE OPEN EVENT 2023 ↓

## Don't miss out!

Open Events are the perfect opportunity for you to come in and see the college surroundings and facilities, meet our dedicated course tutors and find out about the courses we have on offer.

### Hastings

5th October 2023  
16th November 2023

### Lewes

12th October 2023  
23rd November 2023

### Eastbourne

19th October 2023  
30th November 2023

### Newhaven

9th November 2023



Scan the QR code for more information on our Open Events including more dates next Spring.

# See you there!

## LEWES

LEWES CAMPUS  
Mountfield Road,  
Lewes, BN7 2XH

## HASTINGS

STATION PLAZA CAMPUS  
Station Approach,  
Hastings, TN34 1BA

## NEWHAVEN

MARINE WORKSHOPS  
Railway Quay,  
Newhaven, BN9 0ER

## EASTBOURNE

EASTBOURNE CAMPUS  
Cross Levels Way,  
Eastbourne, BN21 2UF

ORE VALLEY CAMPUS  
Parker Road, Hastings, TN34 3SU

AUTOMOTIVE TRAINING CENTRE  
Unit 17 & 18 Northridge Industrial  
Estate, Ivyhouse Lane, Haywood  
Way, Hastings, TN35 4PP

## HASTINGS CAMPUSES

### STATION PLAZA (SP)

A-Levels  
Business & Accounting  
Childcare, Healthcare & Social Care  
Creative: Art & Design  
Hairdressing, Beauty & Complementary  
Therapies Hospitality & Catering  
Sport & Fitness  
Travel & Tourism  
Uniformed Public & Protective Services  
Apprenticeships  
Student Services  
HE (degree)

### ORE VALLEY (OV)

All Construction courses  
Creative: Media Production  
Engineering  
IT  
Student Support inc.  
Apprenticeships  
Pathways  
Student Services

### AUTOMOTIVE TRAINING CENTRE (ATC)

All Motor Vehicle courses





